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| **Student Name:** |
| Sahar Edalatpour |
| **Case abstract** (Provide a brief synopsis of this patient)**:**  |
| 27 year old Caucasian female with severe TMD following a routine dental procedure |
| **axiUm Chart:** |
| 773560 |
| **Date of Rounds presentation:** |
| September 23, 2020 |
| **D3 Student:** |
| Austin Czarnecki |
| **D2 Student:** |
| Jack Hayes |
| **D1 Student:** |
| Francesca Malensek |
| **Medical History:** |
| Amoxicillin allergyComplex Regional Pain Syndrome following ankle injury |
| **Dental History:** |
| Has had a dental home for most of her life, brushes 2x/day and flosses occasionally |
| **Radiographic Findings:** |
| Interproximal caries, not relevant to the case. |
| **Clinical Findings:** |
| Pt presents with pain and swelling following a long dental appointment including a prophy and resin restoration #15-O. Pt is experiencing pain upon palpation of the left maxillary buccal vestibule, scalloping on lateral borders of the tongue bilaterally and limited mouth opening of 10-15mm. Pt is diagnosed with a masseteric muscle spasm suggestive of TMD. Pt is directed to take 1 or 2 Naproxen every 12 hours until the pain and swelling subside, apply warm compresses to area and to eat a soft food diet.During a consult with Dr. Khaled, pt is diagnosed with anterior disc displacement of the left side, mild capsulitis of the left side, moderate masticatory myalgia of the left masseter, mild masticatory myalgia of bilateral SCM and trapezius muscles. Pt is prescribed Cyclobenzaprine 10mg once per day and 500mg Naproxen twice a day for 3 weeks. Occlusal splint and trigger point injections are recommended. Patient consents and trigger point injections are done on the masseter bilaterally, left SCM and trapezius muscles. At a follow-up appointment with Dr. Khaled, patient is experiencing limited mouth opening of 5mm and pain of the left masseter and occipital muscles. Patient is diagnosed with severe muscle spasm of the left masseter and severe capsulitis of the TMJ. Patient is prescribed a Medrol dose pack (methylprednisolone 4mg) for 6 days in addition to the Naproxen. Trigger point injections of the left masseter and left capsule are done. |
| **Periodontal Findings:** |
| Periodontal findings are not relevant to the case. |
| **Periodontal Diagnosis:** |
| Gingivitis – associated with biofilm alone |
| **Problem List:** |
| Caries and Bruxism |
| **Other:** |
| Pt had consults with an oral surgeon in surgical services and then was referred to Dr. Khaled. |