How do orthodontic forces influence bone formation and resorption?

Orthodontic Forces:

- Generated by appliances acting upon tooth, absorbed by surrounding periodontal tissues
- Cause local tooth displacement and activate bone remodeling processes via the <u>periodontal ligament</u>

Periodontal Ligament (PDL):

- Connects *cementum* to *alveolar bone*
 - Provides vascular supply & nutrients
 - Absorbs mechanical stress & anchors tooth
 - Regulates bone formation and resorption
 - Allows for tooth movement



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"Pressure-Tension Theory":

- Tooth *displacement* causes PDL to be *constricted* or *stretched* on opposite sides of the tooth
- "<u>Compression Side</u>":
 - Disruption of blood flow causes cell/tissue death
 - Resorption of dead tissue/bone by macrophages/osteoclasts
 - Creates space for tooth movement
- "Tension Side":
 - Bone formation by osteoblasts fills gaps left behind by tooth movement

