#### **PERI-IMPLANTITIS** EVIDENCE BASED DENTISTRY ROUNDS -PERIODONTICS

Group 10 B2 D1 – Kelly Herzog. D2 – Schuchi Patel, D3 – Jisoo Hong, D4 – Maggie Meyer October 21, 2020

#### **ROUNDS TEAM**



- Group Leader : Dr. Yray
- Specialty Leader : Dr. Guentsch
- D4 Maggie Meyer
- D3 Jisoo Hong
- D2 Schuchi Patel
- D1 Kelly Herzog



## PATIENT INFORMATION

- 73 year old African American Female
- Presents for Transfer Exam July 21 2020
- Implant #14 placed November 2018 and restored August 2019
- Chief Complaint "I sometimes have bleeding around my upper back implant when I brush"



# MEDICAL HISTORY

- Medications
  - Lisinopril High blood pressure
  - Zetia Cholesterol
  - Crestor Cholesterol
  - Baby Aspirin
  - Multi-Vitamin
- Allergy
  - Morphine itching
- BP at transfer exam
  - **130/87**



## DENTAL HISTORY

- Patient comes consistently for cleanings/exams
- Past extractions
- Implants in #11, 14, and 30
- Periodontal treatments
- CORAH 5 feels relaxed in the dental chair



#### RADIOGRAPHS – FMX 2018





### RADIOGRAPHIC FINDINGS

 Bone resorption around implant #14 since placement of the crown on 8/27/2019



### RADIOGRAPHS



L .11/18 Implant Placement



2. 8/19 Implant Restored



**3.** 7/20 Transfer Exam – crater defect





- Visible granulation tissue around implant.
- Red and edematous papillary tissue
- Recession on the palatal aspect of the implant fixture exposing threads

# CLINICAL FINDINGS



## PERIODONTAL FINDINGS

- I0mm pocket DL and 6mm ML
- Very sensitive to probing and BOP





#### PERIODONTAL DIAGNOSIS

Peri-implantitis with a crater bone defect



### PROBLEM LIST

- Peri-implantitis #14
- •Filling over implant #11 fell out
- #30 implant need to be restored with crown



#### D1 BASIC SCIENCE What is osseointegration? \_

New vessel formation

Primarily mechanical stability



In 24 hours



On the 4th week

After 6-8 weeks

Wang, Yulan & Zhang, Yufeng & Miron, Richard. (2015). Health, Maintenance, and Recovery of Soft Tissues around Implants: Soft Tissues around Implants. Clinica implant dentistry and related research. 18. 10.1111/cid.12343

Osteocyte

New vessel

#### D2 PATHOLOGY -WHAT IS PERI-IMPLANTITIS AND WHAT LEADS TO ITS ONSET?

- Inflammatory reaction from loss of supporting bone around implant<sup>1</sup>
  - Inflammation, BOP, increased pocket depths, progressive bone loss, 2-3 mm bone loss radiographically, >6mm probing depths<sup>1</sup>
- Smoking, diabetes mellitus, lack of prophylaxis, history of periodontitis<sup>2</sup>

 Dreyer, H., Grischke, J., Tiede, C., et al. Epidemiology and risk factors of peri-implantitis: A systematic review. J Periodont Res. 2018; 53: 657-681. <u>https://0-doi-org.libus.csd.mu.edu/10.1111/jre.12562</u>
Lee, C., Huang, Y., Zhu, L., & Weltman, R. Prevalences of peri-implantitis and peri-implant mucositis: systematic review and metaanalysis



### D3 PICO

#### Clinical Question:

What is the most successful way to treat peri-implantitis?



Picture source: https://www.mdpi.com/2011-0383/8/2/219/htm



# PICO QUESTION

- **P:** Patients with infrabony bone loss around an implant
- I: Non-surgical therapy (SRP)
- **C:** Surgical therapy (bone graft or biologicals)
- **O:** Bone gain

 In a patient with infrabony bone loss around an implant, does non-surgical therapy have a comparable outcome to surgical therapy in terms of bone gain?

#### 3 TYPES OF BONE LOSS CAUSED BY PERI-IMPLANTITIS





Refer to notes for picture source

Template Revised 9/10/2020



#### 3 TYPES OF BONE LOSS CAUSED BY PERI-IMPLANTITIS



Refer to notes for picture source

Template Revised 9/10/2020



#### **NON-SURGERY VS. SURGERY THERAPY**



HA coating of implant.

Picture sources in the

1-1

# CLINICAL BOTTOM LINE

 For effective treatment of infrabony defect in peri-implantitis, referring to a specialist for the proper surgical therapy is recommended.

 Depending on the type and cause of bone defect, there are different methods to treat peri-implantitis, however, there are conflicting results showing the effectiveness of non-surgical treatment on peri-implantitis with infrabony defect.



# SEARCH BACKGROUND

- Date(s) of Search: October 5~ 14, 2020
- Database(s) Used: PubMed
- Search Strategy/Keywords:

Peri-implantitis management, infrabony therapy, non-surgical therapy, surgical therapy

## SEARCH BACKGROUND

- MESH terms used:
- Peri-Implantitis therapy
- Dental implants
- Alveolar Bone Loss therapy
- Combined Modality therapy



#### ARTICLE 1 : NON-SURGICAL THERAPY

#### Citation:

Suárez-López Del Amo F, Yu SH, Wang HL. Non-Surgical Therapy for Peri-Implant Diseases: a Systematic Review. J Oral Maxillofac Res. 2016 Sep 9;7(3):e13. doi: 10.5037/jomr.2016.7313. PMID: 27833738; PMCID: PMC5100638.

Study Design:

A systemic review of RCT & cohort studies

 Study Need / Purpose: Investigate the effectiveness of non-surgical therapy for peri-implant mucositis or peri-implantitis



# LEVELS OF EVIDENCE

- I 1a Clinical Practice Guideline, Meta-Analysis, Systematic Review of Randomized Control Trials (RCTs)
  - 🗖 1b Individual RCT
- 2a Systematic Review of Cohort Studies
  - 2b Individual Cohort Study
  - I 3 Cross-sectional Studies, Ecologic Studies, "Outcomes" Research
  - □ 4a Systematic Review of Case Control Studies
  - 4b Individual Case Control Study
  - 5 Case Series, Case Reports
  - □ 6 Expert Opinion without explicit critical appraisal, Narrative Review
  - 🗆 **7** Animal Research
  - 🛛 8 In Vitro Research



## ARTICLE 1 SYNOPSIS

- MEDLINE and EMBASE from 2011 to 2016
- Human studies reporting non-surgical treatment of peri-implant mucositis and peri-implantitis with more than 10 implants
- At least 6 months follow up
- in English language
- 14 studies (9 RCT, 4 cohort, 1 case series)



## ARTICLE 1 SYNOPSIS

- Limitation: Significant heterogeneity between each studies.
- Different definition of peri-implant disease, different implant designs & defect characteristics.
- Various studies used different methods for implant decontamination
- **Conclusion**: Non-surgical treatment for peri-implant mucositis appeared to be effective while <u>for peri-implantitis</u>, <u>non-surgical</u> <u>treatment provided modest or unpredictable outcomes</u>.



#### ARTICLE 1 SELECTION

Reason for selection:

 Investigated non-surgical treatment outcomes for peri-implantitis that reported clinical and/or radiographic changes.



Optional footer for reference citations or other notes. Delete if not needed.

#### STRENGTH OF RECOMMENDATION TAXONOMY (SORT)

	A – Consistent, good quality patient
	oriented evidence
	B – Inconsistent or limited quality patient
	oriented evidence
	<b>C</b> – Consensus, disease oriented evidence,
	usual practice, expert opinion, or case
	series for studies of diagnosis, treatment,
	prevention, or screening



#### ARTICLE 2: SURGICAL MANAGEMENT OF PERI-IMPLANTITIS

#### Citation:

Chan HL, Lin GH, Suarez F, MacEachern M, Wang HL. Surgical management of periimplantitis: a systematic review and meta-analysis of treatment outcomes. J Periodontol. 2014 Aug;85(8):1027-41. doi: 10.1902/jop.2013.130563. Epub 2013 Nov 21. PMID: 24261909.

- Study Design: Systematic Review/Meta-analysis
- Study Need / Purpose: Requested by the Task Force of The American Academy of Periodontology, with an aim to investigate the efficacy of different surgical approaches to treat peri-implantitis



# LEVELS OF EVIDENCE

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# ARTICLE 2 SYNOPSIS

- MEDLINE, PubMed, EMBASE, Dentistry and Oral Sciences Sources from Jan 1990 to May 2013
- 21 human clinical trials 5 RCTs, 12 case series, 1 cohort studies, 3 quasiexperiments
- English language
- Sample size of minimum 8 surgically treated screw implants
- Follow-up period of minimum 6 months.
- The focus question: What are the radiographic and clinical outcomes of different surgical interventions for the treatment of peri-implantitis?
- 4 surgical treatment groups were identified, which are access flap and debridement, surgical resection, application of bone grafting materials, and guided bone regeneration.



### ARTICLE 2 SYNOPSIS

• Limitations: heterogeneity in the study design, case selection, and treatment provided. One of the RCTs was shown to have a high bias.

#### Conclusion:

Within the limitation of this systematic review, application of grafting materials and barrier membranes resulted in greater PD reduction and average radiographic bone fill of  $\sim 2$ mm.



#### ARTICLE 2 SELECTION

 Evaluated radiographic bone fill (RBF) of surgically treated peri-implantitis as one of the parameters investigated.

Study No.–Intervention Arm No.	Authors (Year)	Intervention	No. of Implants	Mean ± SD PD Reduction (mm)	PD Reduction (%)	Mean ± SD Bone Fill (mm) (	c/	lean ± SD - Gain (mm)	CAL Reduction (%)	BOP Reduction (%)	Mean ± SD MR (mm)
9–1	Roccuzzo et al. (2011) <sup>52</sup>	XG, R (SLA)	12	3.4 ± 1.7	50	1.9 ± 1.3		NA	NA	60.4	NA
9–2		XG, R (TPS)	14	2.1 ± 1.2	29.2	1.6 ± 0.7		NA	NA	33.9	NA
10-1	Roos- Jansåker et al. (2011) <sup>53</sup>	PCC	27	NA	NA	1.3 ± 1.3		NA	NA	NA	NA
11	Wiltfang et al. (2012) <sup>56</sup>	Auto + XG	36	4.0 ± 1.8	NA	3.5 ± 2.4		NA	NA	36	1.3 ± 0.2
4–2	Wohlfahrt et al. (2012) <sup>19</sup>	PTG	16	1.7 ± 1.7	262	2.0 ± 1.7		NA	NA	NA	NA
12	Mijiritsky et al. (2013) <sup>51</sup>	PTG	18	NA	NA	2.0 ± 2.3		NA	NA	NA	NA

Optional footer for reference citations or other notes. Delete if not needed.



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	series for studies of diagnosis, treatment,
	prevention, or screening



### ARTICLE 3: SYSTEMIC LITERATURE REVIEW

- Romanos GE, Javed F, Delgado-Ruiz RA, Calvo-Guirado JL. Peri-implant diseases: a review of treatment interventions. Dent Clin North Am. 2015 Jan;59(1):157-78. doi: 10.1016/j.cden. 2014.08.002. Epub 2014 Oct 7. PMID: 25434564.
- Authors' proposed guidelines for the management of peri-implantitis
  - 1. Elevation of a full-thickness mucoperiosteal flap
  - 2. MD using hand instruments, then CO2 laser
  - 3. GBR particular graft & resorbable membrane
  - 4. Closure of defect using resorbable sutures

# CONCLUSIONS: D3

Based on the above considerations, how will you advise your D4?



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# CONCLUSIONS: D4

- Based off the D3's bottom line...
- Patient should have surgical/mechanical debridement with Guided Bone Regeneration to help gain bone in the area of peri-implantitis.
- Work on OHI with patient



## WHAT HAPPENED?

Perio resident treated with guided bone regeneration

- Incision and degranulation
- Cleaned implant surface with doxycycline and saline
- •Used bone graft to fill crater defect
- Placed membrane over bone graft
- Sutured



8/20 After Bone Graft





#### SURGICAL PICTURES

After Incision

#### After Degranulation



#### SURGICAL PICTURES



#### Bone Graft

#### Membrane





#### **Sutures**





#### **POST-OP PICTURES**





# **THANK YOU!**

